



Roachdale
Elementary School
Lunch Menu

MARCH 2019



More info... Offered Daily:
Fresh Fruits and
Vegetables, 100% Juice
Fat Free Flavored Milk
1% White Milk

4

- A. BBQ Rib Sandwich
- B. Cheeseburger
- C. PBJ Uncrustables

Golden Corn, Baby Carrots, Apple, Peaches, Juice

5

- A. Chicken Nuggets & Biscuit
- B. Chicken Patty Sandwich
- C. PBJ Uncrustables

Pasta & Cheese, Cucumber Slices, Orange, Pears, Juice

6

- A. Fish Sticks, Goldfish Crackers
- B. Hot Ham & Cheese
- C. PBJ Uncrustables

Glazed Carrots, Roma Tomato Wedge, Banana, Applesauce, Juice

7

- A. Biscuit with Sausage Gravy & Scrambled Eggs
- B. Mini Corn Dogs
- C. PBJ Uncrustables

Tater Tots, Celery Sticks, Apple, Mandarin Oranges, Juice
Pudding

8

- A. Cheese Pizza Wedge
- B. Meatball Pizza Sub
- C. PBJ Uncrustables

Baked Beans, Celery Sticks, Mixed Fruit, Juice

11

- A. French Toast Sticks & Sausage Patty
- B. Cheeseburger
- C. PBJ Uncrustables

Tater Tots, Fresh Tomatoes, Side Salad, Peaches, Juice

12

- A. Chicken Noodles & Biscuit
- B. Hot Dog
- C. PBJ Uncrustables

Seasoned Green Beans, Cucumber Slices, Mixed Fruit, Juice

13

- A. Popcorn Chicken & Goldfish Crackers
- B. Ham Chef Salad, Roll
- C. PBJ Uncrustables

Golden Corn, Baby Carrots, Banana, Applesauce, Juice

14

- A. Chicken Patty Sandwich
- B. Broccoli & Cheese on Baked Potato & Roll
- C. PBJ Uncrustables

Steamed Broccoli, Roma Tomato Wedge, Apple, Peaches, Juice

15

- A. Super Pretzel & Cheese Sauce
- B. Fish Sticks, Goldfish Crackers
- C. PBJ Uncrustables

Orange Glazed Carrots, Celery Sticks, Mixed Fruit, Juice
Cookie

18

- A. Salisbury Steak, Gravy & Biscuit
- B. Cheeseburger
- C. PBJ Uncrustables

Mashed Potatoes, Baby Carrots, Apple, Peaches, Juice

19

- A. Pasta Shells & Meat Sauce, Breadstick
- B. Chicken Patty Sandwich
- C. PBJ Uncrustables

Orange Glazed Carrots, Cucumber Slices, Orange, Pears or Juice

20

- A. Corn Dog
- B. Chicken Nuggets, Biscuit
- C. PBJ Uncrustables

Seasoned Corn, Baby Carrots, Banana, Rosy Applesauce, Juice

21

- A. Super Nacho Scoops
- B. Egg Chef Salad, Roll
- C. PBJ Uncrustables

Buttered Peas, Roma Tomato Wedge, Apple, Peaches, Juice

22

- A. Cheese Pizza
- B. Fish Sandwich
- C. Egg Chef Salad, Biscuit

Seasoned Green Beans, Celery Sticks, Mixed Fruit, Juice

25

Spring Break Week!

26

27

Happy Spring Break

28

29

1

- A. Pancakes w/Syrup & Sausage Patty
- B. Cheeseburger
- C. PBJ Uncrustables

Tater Tots, Fresh Tomatoes, Side Salad, Peaches, Juice

2

- A. Walking Taco Dorito
- B. Hot Dog
- C. PBJ Uncrustables

Seasoned Green Beans, Cucumber Slices, Mixed Fruit, Juice

3

- A. Popcorn Chicken & Goldfish Crackers
- B. Hot Ham & Cheese Sandwich
- C. PBJ Uncrustables

Glazed Carrots, Roma Tomato Wedge, Banana, Applesauce, Juice

4

- A. Chicken Patty Sandwich
- B. Egg Chef Salad, Roll
- C. PBJ Uncrustables

Seasoned Corn, Baby Carrots, Apple, Peaches, Juice
Pudding

5

- A. Cheese Pizza
- B. Fish Sandwich
- C. Egg Chef Salad, Biscuit

Seasoned Green Beans, Celery Sticks, Mixed Fruit, Juice

